



ANU Sport and Recreation Association Inc.
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JOB DESCRIPTION – ASSISTANT ATHLETE DEVELOPMENT COACH (PART-TIME)

RESPONSIBILITIES (FUNCTIONAL STATEMENT)

- Perform the role of Assistant Athlete Development Coach (part-time) at ANU Sport for allocated teams & athletes.
- Design athlete training sessions & plans in consultation with the Athlete Development Coach.
- Design and conduct specific training of athletes to ensure performance improvements are achieved.
- Ensure all athlete training sessions are planned and delivered in a professional manner.
- Assist and be available to undertake other duties to ensure the operational functions of ANU Sport are delivered.

REQUIREMENTS (ATTRIBUTES) & QUALIFICATIONS

- Ability to engage and work effectively with a diverse range of people and associated interests.
- Highly developed communication skills
- Proven capacity to work effectively independently and in a team environment.
- Willingness to learn, and to exercise judgement and initiative.

QUALIFICATIONS

- ASCA Level 2 coaching accreditation or recognised equivalent.
- Bachelor Degree or higher in Exercise Science, Sports Science or related field.

RELATIONSHIPS (ORGANISATIONAL)

- ANU Sport management – organisational cohesion, efficiency and direction.
- Athlete Development Coach – program design, implementation & delivery.
- Clients – fulfilling service obligations.
- University sport industry – leading practice and organisation philosophy.

REPORTING

- Athlete Development Coach.

Job Description – Strength & Conditioning Coach

CONDITIONS OF EMPLOYMENT

- 9 month contract, with the possibility of extension.
- Minimum of 15 hours per week.
- Availability to work flexible hours to meet the requirements of the position.
- Complete a Working with Children check.
- Be eligible to work in Australia.

ANU SPORT Values

We believe that the following core values are intrinsic to our operations both in terms of the way we have developed our business culture and the way in which that in turn has shaped our business practices.

Integrity: It is one of our guiding principles that in all our personal and business relationships we should endeavour to be open and honest and that our internal processes and decision making be transparent and open to scrutiny.

Trust: We believe that as a team we can achieve great things. Central to that belief is the confidence that we can rely on each other to contribute to the best of our abilities to the tasks at hand. We also have an expectation that our personal welfare will be of foremost consideration as we go about our day-to-day duties.

Respect: In recognition of the differing strengths and weaknesses that characterise most of us, we will show regard and consideration for the points of view of others and diligently strive to support each other in achieving our potential.

Pride: We accept that the pursuit of excellence in all our undertakings should be a primary goal and accordingly we will set and maintain high standards in all our endeavours and have a continuing review program in place to evaluate our achievements.

Commitment: We recognise that, both as individuals and as being part of an organisation, there are many aspects in which we can endeavour to improve things. These improvements can range from the setting and achieving of personal goals to enhancements to work systems and procedures and a general desire to better the image and operations of the organisation.