



LABOR DAY TIMETABLE

**MONDAY
1ST OCTOBER
2018** Opening hours:
9:00am - 7:00pm

9:30 AM

**LES MILLS
BODY PUMP**

JOJO (STUDIO 1)

9:30 AM

**LES MILLS
RPM**

IMOGEN (ICS)

10:30 AM

**LES MILLS
BODY BALANCE**

BRETT (STUDIO 1)

12:30 PM

CIRCUIT

GYM STAFF (FTS)

4:30 PM

BOXFIT



JACK (STUDIO 1)

5:30 PM

TACTICAL

GYM STAFF (FTS)

**OPENING
TIMES**

9:00AM - 7:00PM

WE WISH YOU A SAFE LONG WEEKEND!